

14<sup>th</sup> March 2025

## Headteacher

This week I am grateful to parents that have written or emailed in to express their thanks to the school and individual members of staff.

Wishing you all an enjoyable weekend.

**Mr Gibb**

## Key Dates

### Week beginning 17<sup>th</sup> March is Week A on our timetable

20 <sup>th</sup> March 2025	Year 9 Options Evening
21 <sup>st</sup> March 2025	Red Nose Day- Wearing red or 80's £1 contribution
3rd & 4th April 2025	School Production "Frozen"
4 <sup>th</sup> April 2025	Last day of Spring Term
21 <sup>st</sup> April 2025	School closed to all pupils
22 <sup>nd</sup> April 2025	School reopens for all pupils

## Arbor

Please ensure that Arbor accounts are topped up for your child. We are not usually permitted to allow accounts to go into arrears. If you do not top up their account, please send a packed lunch.

Our new website can be found here: [www.ixworthhighschool.org](http://www.ixworthhighschool.org)

## Nut free school

A reminder that we are a nut free school, we have several students and staff with severe allergies to nuts. The ban includes all nut based products (Nutella etc.), foods containing nuts including sweets (Snickers etc.) and whole nuts. A simple error in allowing these foods into school could result in a life-threatening reaction for some students and staff.



Ixworth High School's  
production of



Tickets are available via Arbor and a link has been sent to access this previously. Please type in Frozen Jr and the events will appear!

Performance date:  
Wednesday 2<sup>nd</sup> July 2025 6pm  
Thursday 3<sup>rd</sup> July 2025 6pm

## Pastoral Notices

14<sup>th</sup> March 2025**Student related enquiries**

General enquiries about students or student-related incidents should always in the FIRST instance go to their Tutor. If for any reason this does not resolve the issue, please then contact the Head of Upper or Lower school, whichever is relevant to your child.

**Student Absence**

Student absences should still be registered with the School Office Team by email to [aaa@ixworthhighschool.org](mailto:aaa@ixworthhighschool.org) by 9:00 am.

**Office**

Please ensure that you provide proof ahead of any appointment for your child to [enquiries@ixworthhighschool.org](mailto:enquiries@ixworthhighschool.org). Please also email to advise any updates to change of numbers or address.

**Lost Property**

Items of lost property will be kept at the School Office. Please ensure you have all school uniform and sports kit clearly marked with your name on the inside of the item so if you do misplace anything it can be returned to you quickly.

**Safeguarding**

Our Designated Safeguarding Lead is Mrs Hale, she is contactable via the school office.

## Parkrun

**Why junior parkrun is a game-changer for children's mental health**

The connection between physical activity and mental well-being is no secret, and junior parkrun is proving to be a great way to boost children's happiness and confidence. Participation in junior parkrun can help young people to be active, ease feelings of anxiety, reduce stress, and boost self-esteem, which can all assist with academic attainment. The junior parkrun Health and Wellbeing survey, carried out in 2024, found that three in four children feel happier after taking part in junior parkrun. That's a powerful statistic.

[Why junior parkrun is a game-changer for children's mental health - parkrun UK Blog](#)

There are currently 26 parkruns in Suffolk of which 9 are junior parkruns, with another 2 due to be launched before the summer.

Full details of all the current Suffolk parkruns can be found at [parkrun in Suffolk - Suffolk County Council \(suffolk.gov.uk\)](#) where there is also a poster which can be downloaded, printed and displayed in schools.

## Careers Week- Parents Voice

Last week, 3rd – 7th March, was National Careers week which was embraced fully here at Ixworth High School. Positive feedback from the many visitors observed how mature, engaged, aspirational and polite the students are. Many students gained new contacts relating to their ambitions and all Year 10s had the opportunity to complete a CV. Group and an entrepreneur as well as getting the opportunity to talk to people from many other sectors.

Your feedback is also important to us and we'd appreciate you taking five minutes to complete this short survey <https://forms.office.com/e/rdRqBj00vY>

14<sup>th</sup> March 2025

## Support Our Prom – Help Make It Unforgettable!

We are excited that our prom is fast approaching, and we are seeking your valued support to ensure this event is a memorable experience for all. As part of our fundraising efforts, we are organising a raffle, and we would greatly appreciate your contribution. Your generous donation will directly support the various expenses associated with the prom, including: the venue, decorations and entertainment. We are reaching out to local businesses, parents, and community members for raffle prizes. Whether large or small, your donation will make a significant impact.

### Ways You Can Contribute:

- Donate a prize for the raffle (examples include gift cards, services, or products).
- Share this request with others who may wish to contribute.
- Purchase raffle tickets (further details on ticket sales will be provided shortly).

Every donation is invaluable and will help ensure that our prom is an extraordinary and unforgettable night for all those attending. Thank you for your generosity and support. We look forward to making this event a celebration a night to remember with your help! Ticket information will be sent soon!



**IXWORTH HIGH SCHOOL**

**RED NOSE DAY**  
**80s FANCY DRESS**

PLEASE BRING A CONTRIBUTION OF £1 TO DRESS EITHER IN RED OR IN THE STYLE OF SOMEONE FROM THE 1980S. THIS YEAR CELEBRATES 40 YEARS OF RED NOSE DAY, AND WE WOULD LIKE STUDENTS TO RECOGNISE THIS IN THEIR OUTFITS. PLEASE KEEP ALL COSTUMES APPROPRIATE FOR THE SCHOOL ENVIRONMENT.

**FRIDAY 21ST MARCH £1**

**RED NOSE DAY**  
CELEBRATING 40 YEARS

The poster features a pink background with various 1980s-themed illustrations: a boombox, a hand making a peace sign, a cassette tape, a woman in a black outfit with a red bow, and a man in a blue and yellow striped shirt. The text is bold and colorful, with '80s' in large, stylized letters.