

Headteacher

7th February 2025

In this bulletin we are including information from our new catering contractor Aspens. The contract will commence on the first day for students after half term on the 24th February. I am pleased to say that our current team have transferred across to Aspens, and so Mr Pilmer will continue to be the Catering Manager, and we will continue to enjoy high quality food from our restaurant.

On Sunday 26th January, three students from Ixworth High School represented Dancing Sparks Academy at the South East Entertainment Awards. They were competing for 'Best Newcomer' and 'Best Dance School'. Their performance was a mix of contemporary and street dance. They won 'Best Newcomer' and an automatic place to perform at the O2 Indigo in October, for a further opportunity to win more awards.

A huge well done!

Wishing you all an enjoyable weekend.

Mr Gibb

Key Dates

Week beginning 10th February is Week A on our timetable

3 rd February 2025	Year 11 Mock exams second week
14 th February 2025	School closes for half term
24 th February 2025	PD Day, School closed to all pupils
25 th February 2025	School reopens for all pupils

Pastoral Notices

Student related enquiries

General enquiries about students or student-related incidents should always in the FIRST instance go to their Tutor. If for any reason this does not resolve the issue, please then contact the Head of Upper or Lower school, whichever is relevant to your child.

Student Absence

Student absences should still be registered with the School Office Team by phone 01359 234050 or email aaa@ixworthhighschool.org by 9:00 am.

Office

Please ensure that you provide proof ahead of any appointment for your child to enquiries@ixworthhighschool.org. Please also email to advise any updates to change of numbers or address.

Lost Property

Items of lost property will be kept at the School Office. Please ensure you have all school uniform and sports kit clearly marked with your name on the inside of the item so if you do misplace anything it can be returned to you quickly.

Safeguarding

Our Designated Safeguarding Lead is Mrs Hale, she is contactable via the school office.

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Arbor

Please ensure that Arbor accounts are topped up for your child. We are not usually permitted to allow accounts to go into arrears. If you do not top up their account please send a packed lunch.

Our new website can be found here: www.ixworthhighschool.org

CoffeeHouse

CoffeeHouse please, that tickets are available for purchase!

A CoffeeHouse is a western style open mic night/ variety show event. The name "CoffeeHouse" is derived from the limited menu which is typically available at the social event: coffee is usually the featured beverage, together with other non-alcoholic beverages such as soda, juice and teas. Desserts and snack foods may round out the menu.

Students have auditioned to give you a night of the best our performing arts can offer, with warm drinks and sweet treats to enjoy a musical night with.

The show is February 12th 2025, doors open at 5pm tickets are being sold on Arbor for £2.50 +VAT

Please join us to celebrate these talented students. Mrs Dungey

Children's Mental Health Week 3rd-9th Feb

I am writing to share with you some content from this week's assemblies on Children's Mental Health Week 3rd-9th Feb 2025. Alongside strategies to promote a positive mental and physical health, I also reminded students of people that they can turn to when they need to talk and various websites that might help. Please find these slides below.



People and places that can support you in school:

1. Your tutor- you see them everyday
2. Pastoral staff- Mrs Randall and Mrs O'Connell- office
3. Safeguarding team- Mrs Morris, Mrs O'Halloran, Mr Spurin, Mrs Hale
4. Friends and older students with prefect ties
5. Any member of staff

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Online resources that are accessible to all:

6. www.kooth.com - chat, self help activities, articles
7. www.calmharm.co.uk - helping managing urges to self harm
8. www.clearfear.co.uk - helping manage symptoms of anxiety
9. www.movemood.co.uk - helping manage low mood and depression
10. www.combinedminds.co.uk - for families and friends
11. www.worthwarrior.co.uk - helping manage negative body image

I was also incredibly pleased to see Year 7 students using strategies from this assembly to assist them with their work in a PSHE lesson on mental health, emotions and hormones with Miss Smith. The PSHE curriculum and assembly schedule are designed to be aligned purposefully so this very thing can happen.

I also wish to share a link to a podcast from the NSPCC which you may find useful.

[Podcast: Mental health first aid kits | NSPCC Learning](#)
[Mental health first aid kits | NSPCC Learning Podcast](#)



[Mental health first aid kits | NSPCC Learning Podcast](#)

Mental health is as important to a child's safety as their physical health; mental health issues can sometimes lead to safeguarding and child protection issues. By recognising when a child is struggling with their mental health, and intervening to provide appropriate support, professionals working with children can help prevent mental health ...
www.youtube.com

In the assembly our Headteacher, Mr Gibb also talked about how students can use the right words to continue to be kind and take care of one another. To support this drive at school, I have also invited Rachel Darville from the local policing team to visit again to remind students about hate crimes and recognising people's protected characteristics.

At Ixworth we take care of each other and stand up for what is right, even when it feels hard to do so.

Mrs Hale

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Dear Year 11's, Parent and Carers

Please see the design of this years leavers hoodie's.

Please get online and book yours ASAP. Store closes
on Monday 10th February.

<https://www.schoolleaverscompany.co.uk/shop>

Shop's username: 5821

Shop's password: XK465eu4