

7th March 2025

Headteacher

This week was National Careers week, we offered a range of careers advice and information sessions including mock interviews, a trip to Anglia Ruskin University, CV writing sessions and several speakers from a range of employers presented to all year groups.

World Book Day saw a large number of students in fancy dress, we have included some photos at the end of this bulletin.

It was Year 11 parent's evening on Thursday with a significant turnout. Year 11's have received the results from the latest mocks, their hard work is paying off with many students showing significant improvement in grades, there are also a good number of Grade 9s in several subjects.

Next week is British Science Week. We have some exciting assemblies planned and bespoke science lessons for pupils in Years 7 to 10. It is also π Day on Friday.

The weather has improved enough this week to open the field to all students, it is wonderful to see our students socialising and enjoying each other's company.

Finally, congratulations to Miss Buck who has passed her HR CIPD Associate Diploma in People Management.

Wishing you all an enjoyable weekend.

Key Dates

Week beginning 10th March is Week B on our timetable

20th March 2025 Year 9 Options Evening

21st March Red Nose Day - wear red or dress in the style as someone from the 1980s. Dress must be appropriate for school- £1 contribution.

4th April 2025 Last day of Spring Term

21st April 2025 School closed to all pupils

22nd April 2025 School reopens for all pupils

Apologies, there were incorrect dates in the last bulletin, the last day of term is 4th April, and the school production dates have changed to 2 & 3rd July.

Arbor

Please ensure that Arbor accounts are topped up for your child. We are not usually permitted to allow accounts to go into arrears. If you do not top up their account, please send a packed lunch.

Our new website can be found here: www.ixworthhighschool.org

Nut Free School

A reminder that we are a nut free school, we have several students and staff with severe allergies to nuts. The ban includes all nut-based products (Nutella etc.), foods containing nuts including sweets (Snickers etc.) and whole nuts. A simple error in allowing these foods into school could result in a life-threatening reaction for some students and staff.

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Pastoral Notices

Student related enquiries

General enquiries about students or student-related incidents should always in the FIRST instance go to their Tutor. If for any reason this does not resolve the issue, please then contact the Head of Upper or Lower school, whichever is relevant to your child.

Student absence

Student absences should still be registered with the School Office Team by Phone **01359 234050** aaa@ixworthhighschool.org by **9:00 am**.

Lost Property

Items of lost property will be kept at the School Office. Please ensure you have all school uniform and sports kit clearly marked with your name on the inside of the item so if you do misplace anything it can be returned to you quickly.

Safeguarding

Our Designated Safeguarding Lead is Mrs Hale, she is contactable via the school office.

We continue to push on high levels of attendance for our students across the school and in Forge. There are currently a high number of students still in the running for this term's hot chocolate awards. They must maintain their 100% attendance for this term to receive the invite. Thank you to the parents and carers in our community who support their children to make the right choice every day. Research tells us that 95% plus attendance adds one grade, on average at GCSE.

Below you will see the link to our Attendance and Punctuality Policy. This can be accessed on our website under Policies.

<https://www.ixworthhighschool.org/assets/Documents/Attachments/Attendance-and-Punctuality-Policy-2024.pdf>

Parkrun

Why junior parkrun is a game-changer for children's mental health

The connection between physical activity and mental well-being is no secret, and junior parkrun is proving to be a great way to boost children's happiness and confidence. Participation in junior parkrun can help young people to be active, ease feelings of anxiety, reduce stress, and boost self-esteem, which can all assist with academic attainment. The junior parkrun Health and Wellbeing survey, carried out in 2024, found that three in four children feel happier after taking part in junior parkrun. That's a powerful statistic.

[Why junior parkrun is a game-changer for children's mental health - parkrun UK Blog](#)

There are currently 26 parkruns in Suffolk of which 9 are junior parkruns, with another 2 due to be launched before the summer.

Full details of all the current Suffolk parkruns can be found at [parkrun in Suffolk - Suffolk County Council \(suffolk.gov.uk\)](#) where there is also a poster which can be downloaded, printed and displayed in schools.

Science Week

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British Science Week 2025 runs from 7th-16th March and this year's theme is Adapt and Change. In the Science department we will mark this event by all students in Years 7-10 having two Science lessons that focus on a stand-alone investigation. Different year groups will plan and carry out different investigations. They will record and analyse data and develop their evaluation skills.

Throughout the activities there is a focus on both scientific enquiry skills and the "soft skills" that are transferable across all careers. They will work together and communicate. They will need to develop skills in organisation and planning, as well as accuracy and precision in the way they work.

To celebrate the week there will also be an assembly looking at how our atmosphere is changing and how we can respond to it, including some surprises as we look at how gases are made - it should be a bit of "chemistry meets theatre"!

I am looking forward to seeing how all students get on throughout the week.

Mr Budden

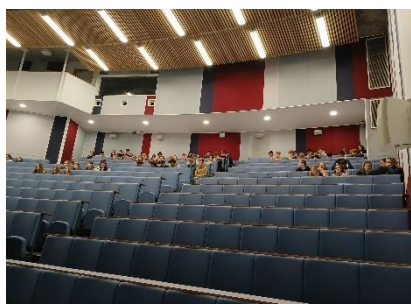
Careers Week

This week has seen the school host in excess of 40 visitors who have contributed to a highly successful careers week.

Our students have had the opportunity to listen to entrepreneurs explaining how they established their business to Barclays representatives speaking to classes about finances, as well as representatives from the business world supporting our Y10 with CV writing. Furthermore, our Y10 and 11 cohort were able to refine their interview skills with our volunteers from many different fields. Each student having a full interview and feedback regarding their experience. It was wonderful to witness how many of them were able to move from nervous timidity to confident individuals as the interviews progressed.

The feedback from our visitors has been superb as they described their interactions with our students as being some of the best, they have experienced in any school they have visited. It has been a real pleasure to see so many of our students interacting in the various aspects on offer during the week, we thank everyone who has contributed to National Careers week in our school.

Mr Jackson



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Prom Support

Support Our Prom – Help Make It Unforgettable!

We are excited that our prom is fast approaching, and we are seeking your valued support to ensure this event is a memorable experience for all. As part of our fundraising efforts, we are organising a raffle, and we would greatly appreciate your contribution.

Your generous donation will directly support the various expenses associated with the prom, including: the venue, decorations and entertainment. We are reaching out to local businesses, parents, and community members for raffle prizes. Whether large or small, your donation will make a significant impact.

Ways You Can Contribute:

- Donate a prize for the raffle (examples include gift cards, services, or products).
- Share this request with others who may wish to contribute.
- Purchase raffle tickets (further details on ticket sales will be provided shortly).

Every donation is invaluable and will help ensure that our prom is an extraordinary and unforgettable night for all those attending.

Thank you for your generosity and support. We look forward to making this event a celebration a night to remember with your help!

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